

Health Coach Wellness and Vitality Centre



Services:

Chiropractic
Massage Therapy
Physical Therapy
Stretching and Myofascial Therapy
X-ray

Conditions Treated (partial list*):

Neck and Back Pain
Headaches
Sciatica – pain down the leg
Shoulder Pain
Hip Pain
Carpal Tunnel Syndrome

Insurances Accepted:

Health Coach accepts most PPO and POS insurance plans. No HMO, EPO or Medicare is accepted. To find out if your insurance is accepted and what your co-pay amount will be, please contact the office.

Providers:

Dr. Daron Stegall - Chiropractic Physician
Jessica Ryder, LPT – Physical Therapist

Hour Of Operation:

Monday-Thursday 9 a.m. to 6 p.m.
Friday 8 a.m. to 12 p.m.

Physical Therapy hours

Monday-Thursday 8 a.m. to 7 p.m.

Location:

Suite 170, Lobby level

Contact Information:

602.257.4520

www.healthcoachaz.com

*If you would like to find out if Health Coach can help your condition, call to set up a no-charge 15 minute consultation.